

Spencer County Agriculture & Horticulture Newsletter



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service

Cooperative Extension Service
Spencer County
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June 2023

Welcome to June! Our spring has been pretty good so far, but as I type this, we're going through a small dry spell and the temperatures are heating up. Hopefully, Mother Nature will give us the moisture that we will need to make our gardens and crops produce well during the summer.

As a quick reminder, summer officially starts on June 21 at 10:58 a.m. I hope that all of you will get to enjoy as much of the summer as you can. Remember to wear sunscreen and a hat if you're going to be outside for an extended period of time.

As always, feel free to call or email me if you have any questions.

Sincerely,

Bryce Roberts,
Spencer County Extension Agent for
Agriculture and Natural Resources

More Information

As always, if you need more information, feel free to **call me** at 477-2217.

You can also **email me** at broberts@uky.edu or you can **visit my website** to view archived newsletters and news articles. The web address is: www.spencerextension.com



Farmers Market Now Open

The Taylorsville/Spencer County Farmers Market is now open and will be open beginning at 8 a.m. until noon or so on Saturdays. Some of the vendors may stay past noon if there is a crowd. The market will be open every Saturday (rain or shine) until the end of October. It is located at 751 Taylorsville Road next to Fresh Take Market.

There are several vendors selling a wide variety of products, including meats, cheeses, jams, jellies, honey, breads, goat milk soaps and lotions, candles, and other produce. Make sure you support our local producers...they are the ones that are growing what you're buying.

If you are interested in becoming a vendor (small producers are welcome), please contact me or stop by our office for an application. For more information on the market, feel free to contact Sandi Deutsch at 502-252-1400.



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LEXINGTON, KY 40546



Disabilities
accommodated
with prior notification.

Rinse and Return Program

Our office will once again be a drop off location for the Rinse and Return program. It will be held on **August 14 from 10 a.m. until 11:30 a.m.** Please collect and hold onto your containers until then.

The Rinse and Return Program is a voluntary, cooperative program sponsored by the Kentucky Department of Agriculture and the Agri-Business Association of Kentucky (ABAK). Other partners include the University of Kentucky Cooperative Extension Service, which helps coordinate the Program on a county level, Farm Bureau, the U.S. Department of Agriculture's Natural Resources Conservation Service and the local conservation districts, and the Ag Container Recycling Council.

Due to the materials previously held by these pesticide containers they cannot be recycled with your ordinary household plastics. This program allows for the proper recycling of these pesticide containers. This reduces the amount of material entering the landfill or being disposed of by other means. Some of the end products include drainage pipe, highway sign posts, underground utility conduit, and wire/cable spool flanges.

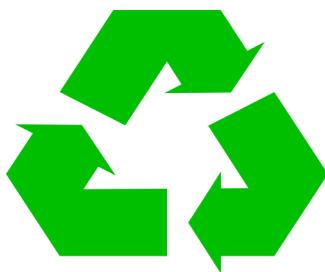
Pressure Rinsing

Remove cover from container. Empty the pesticide into the spray tank and let the container drain for 30 seconds.

Continue holding the container upside down over the sprayer tank opening so rinsate will run into the sprayer tank.

Insert the pressure-rinse nozzle by puncturing through the bottom of the pesticide container.

Rinse for length of time recommended by the manufacturer (generally 30 seconds or more).



Triple Rinsing

Remove cover from container. Empty the pesticide into the spray tank and let the container drain for 30 seconds.

Fill the container 10% to 20% full of water or rinse solution.

Secure the cover on the container.

Swirl the container to rinse all inside surfaces.

Remove cover from the container. Add the rinsate from the container to sprayer tank and let drain for 30 seconds or more.

Repeat steps 2 through 5 two more times.

Puncture container.

BQCA Trainings

I will be hosting 2 Beef Quality Care Assurance trainings. These are for those that were approved in the Large Animal section of our local CAIP program, but anyone interested in attending and being certified in BQCA are more than welcome to attend the in-person trainings. There is a \$5 fee for this training.

The trainings will be held on Monday, June 12 at 10:00 a.m. or 6:00 p.m. Please RSVP by calling 477-2217.

You may also get your BQCA certification any time by doing the training online. You can go to kybeefnetwork.com and do the training online. I do request that if you do the training online that you email me at broberts@uky.edu to let me know that you have completed the online training so I know to be looking for your certification to come through.

Cost Share Program

This is information from the Spencer County Conservation District. Call 477-1157 for more information.

Cost share rates are a **maximum of 75 percent of the actual installation cost of the practice not to exceed \$20,000 per year.**

Visit Spencer Co. Conservation to fill out an application before October 1, 2023. Approval is usually made in February of the following year. No practices can be started in advance of approval and you will be visited by our technician, Mike Hahn, to finish the application process and if approved for the technical plans for approved practice.

Please visit this site to learn all about State Cost Share Program

<https://eec.ky.gov/Natural-Resources/Conservation/Pages/State-Cost-Share.aspx>



Spring Tornado Safety

By Jane Marie Wix - National Weather Service Jackson, KY (in coordination with Kentucky Emergency Management)

Each year, the United States experiences an average of 1,200 tornadoes. Many strike rural areas and cause little damage, and most have paths well under one mile in length and winds under 100 mph. However, a few tornadoes can become large and violent, with wind speeds approaching 200 mph, tracking tens of miles and leaving swaths of destruction and death. In Kentucky, tornadoes have occurred during every month of the year and at every hour of the day. However, they occur most frequently from March through June and typically between 3 and 10 PM. Nighttime tornadoes are often more dangerous as they are harder to see and most people are sleeping.

So what do you do if there is a tornado? How do you stay safe?

Before a Tornado

- Have a family tornado plan in place and practice a family tornado drill at least once a year.
- Have a predetermined place to meet after a disaster.
- Learn the signs of a tornado: dark, greenish sky; large hail; dark, low clouds; and loud roaring sounds.
- When a tornado watch is issued, practice your drill and check your safety supplies.
- Increase your situational awareness by monitoring the weather on weather.gov, watching local TV, or listening to NOAA Weather Radio.
- Flying debris is the greatest danger in tornadoes; so store protective coverings (e.g., mattress, helmets, sleeping bags, thick blankets, etc) in or next to your shelter space, ready to use on a few seconds notice.
- Tornado rule of thumb: Put as many walls and floors between you and the tornado as possible!
- If you are planning to build a house, consider an underground tornado shelter or an interior "safe room".
- **In a mobile home: GET OUT!** Go to a neighbor's house, underground shelter, or a nearby permanent structure. Most tornadoes can destroy even tied-down mobile homes.

During a Tornado

- Wear a bicycle or motorcycle helmet to protect your head and neck or cover your head with a thick book.
- **In a house with a basement:** Avoid windows. Get in the basement and under some type of sturdy protection (heavy table or workbench), or cover yourself with a mattress or sleeping bag. Know where very heavy objects rest on the floor above (pianos, refrigerators, dressers, etc.) and do not go under them. They may fall down through a weakened floor and crush you.
- **In a house without a basement, a dorm, or an apartment:** Avoid windows. Go to the lowest floor, in a small interior room (like a bathroom or closet), under a stairwell, or in an interior hallway with no windows. Crouch as low as possible to the floor, facing down. A bath tub may offer a shell of partial protection. Even in an interior room, you should cover yourself with some sort of thick padding (mattress, blankets, etc.), to protect against falling debris in case the roof and ceiling fail.
- **In a car or truck:** If you are caught by extreme winds or flying debris, park the car as quickly and safely as possible - out of the traffic lanes. Stay in the car with the seat belt on. Put your head down below the windows; cover your head with your hands and a blanket, coat, or other cushion if possible. If you can safely get noticeably lower than the level of the roadway, leave your car and lie in that area. Avoid seeking shelter under bridges.
- In the open outdoors: **lie flat and face-down on low ground, protecting the back of your head with your arms. Get as far away from trees and cars as you can.**

After a Tornado

- Remain calm and alert, and listen to the radio or TV for instructions from authorities.
- Keep your family together and wait for emergency personnel to arrive.
- Carefully render aid to those who are injured.
- Stay away from downed power lines. Watch your step to avoid broken glass, nails, and other sharp objects.



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RETURN SERVICE REQUESTED

Blackberry Coffee Cake

1 cup all-purpose flour	1/3 cup margarine	2 eggs
1 cup whole wheat flour	1/3 cup applesauce	1 teaspoon vanilla
1 1/2 cups white sugar	1/2 teaspoon cinnamon	2/3 cup 1% milk
2 teaspoons baking powder	2 tablespoons brown sugar	2 cups blackberries, washed
1 teaspoon salt		

Preheat oven to 350 degrees F. **Grease and flour** a 9-by-13- inch baking pan. In a large bowl, **combine** flours, sugar, baking powder and salt. Using a pastry blender, cut margarine and applesauce into the mixture until it resembles coarse crumbs. **Stir** in the cinnamon and brown sugar. **Set aside** 3/4 cup of crumb mixture to be used as a topping for the cake. In a medium bowl, **mix** together eggs, vanilla and milk. **Blend** into remaining flour mixture. **Spread** batter into prepared pan. **Sprinkle** blackberries evenly over the

batter. Gently **press** blackberries into the batter. **Sprinkle** reserved crumb mixture over fruit and gently pat down. **Bake** in preheated oven for 25-30 minutes or until a toothpick inserted into the center of the cake comes out clean.

Yield: 15 servings.

Nutritional Analysis: 170 calories, 5 g fat, 1 g saturated fat, 1 g trans fat, 30 mg cholesterol, 280 mg sodium, 32 g carbohydrate, 2 g fiber, 18 g sugars, 3 g protein.

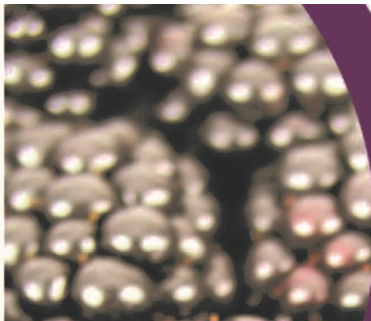


Plate it up!

